News Release

FOR IMMEDIATE RELEASE:

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Bremer County H1N1 Clinics

Visiting Nursing Association – Bremer County Public Health will offer free public H1N1 clinics on Thursday, January 21^{st} from 3:00 pm – 5:30 at Tripoli Elementary School; 309 9th Avenue SW in in Tripoli and on Thursday, January 28th from 4:00 pm – 7:00 pm at Redeemer Lutheran Church; 2001 W. Bremer Avenue in Waverly.

Appointments are recommended, though walk-ins are welcome. To schedule appointments call (319) 235-6201.

H1N1 vaccinations are available to all residents. "We also remind parents that children who are 9 years of age and under should be sure they receive two doses of the H1N1 vaccine to provide complete protection against the virus," said Debbie Crawford RN MSN Executive Director.

Public health officials predict another wave of H1N1 illness will occur in January and February, coinciding with what is typically the time Iowa sees the highest rates of seasonal flu activity. "Being immunized as soon as possible will give Bremer County residents protection against this possible third wave of H1N1 illness," said Crawford. "It will also prevent the spread of the virus to others."

Information may also be found at <u>www.vnawaterloo.org/bcph.html</u>. For a map of vaccine clinic sites in Iowa, visit <u>www.idph.state.ia.us/webmap/default.asp?map=h1n1_vaccine_sites</u>. A statewide toll-free hotline has been established for public questions about seasonal and H1N1 influenza at 1-800-447-1985. More information can also be found at <u>www.idph.state.ia.us</u>.